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PLANT WITH MOM

Dear Parents,
Greetings from Dewvale School!

As part of our ongoing commitment to nurture emotional wellbeing and strengthen the parent-child bond, we are delighted to invite you to participate in our special activity: "**Plant with Mom**". Let's celebrate love, growth, and green moments! We encourage all our students and their beloved moms (or mother figures) to spend a moment together planting a sapling or seed - a symbol of care, patience, and nurturing.

Here's how you can participate:

Plant Together and Share a Memory:

- Choose a pot and plant a seed or sapling with your child at home.
- Capture the Moment.
- Take a photo or a short video (under 1 minute) of your planting moment.
- Write a few lines or record a short video about:
 - a) Your favorite plant and why you love it.
 - b) A fond memory related to plants or gardening.
 - c) How gardening supports your wellbeing.

Kindly [click here](#) to scan the QR code to upload your photos/videos/writings.

In our busy lives, it's the simple, heartfelt moments that leave the biggest impact. "Plant with Mom" is more than just an activity—it's a beautiful opportunity to slow down, connect, and create a memory that will grow just like the seed you plant together. Gardening has been shown to promote mindfulness, reduce stress, and enhance emotional bonding. By engaging in this nurturing act, you not only teach your child the value of caring for the earth but also show them how love, like plants, needs time, attention, and patience to blossom. We invite you to pause, plant, and create a green memory that will last a lifetime.

Best Regards,



سيما عمر

Seema Umar

