

DS/058/2025-26

Date:04/06/2025

**PEACEFUL PARENTING**

Dear Parents,  
Greetings from Dewvale School!

This Wellness Wednesday, let us focus on nurturing the emotional roots of our children through peaceful parenting.

When children are raised with empathy, patience and understanding, they grow into individuals with confidence, resilience, self-esteem, lower anxiety and a growth mindset.

Let us continue to create a calm and emotionally supportive environment at home—planting the seeds for a stronger, kinder future.

Please find the attached poster for your reference.

Best Regards,



سيما عمر

Seema Umar



# LEGACY OF EMOTIONAL LITERACY

